

FOOTPRINTS

October 2023

*Newsletter of the Border Bushwalking Club Inc A5665
Affiliated with Bushwalking Victoria*

We acknowledge the Traditional Owners of the lands and waters on which we travel and meet. We respect their elders past and present.

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Ira: Meeting Suppers & Social Convener; Wendy; Equipment Officer; Alwyn: Policy; General member: Tim.

HELP!!

WE NEED SOMEBODY!!

Sadly, our Web facilitator Ralph has to resign because of family illness, and we need someone to take over this role. You do NOT have to be a web or computer wizz to do this job, so if you can make your way around MS Word or Excel and feel reasonably confident at exploring a new piece of software, then you can certainly manage our website. It runs on WordPress, a back-office suite designed for novices to build and run. We had ours built by Coxtech, a local Lavington company. They also support you with any changes to the site.

The role takes up very limited time and happens when you have time to do it. Tasks may include:

- Helping a member with password difficulties
- Updating pictures
- Updating words on a page at the request of the committee
- Uploading a change to documents again at the request of the committee
- Changing the email diversions for club emails
- Sending out *Footprints* (provided by the Editor) to the membership database that is on the back office of our website.

There is very good documentation developed by David G. that supports all the functions. David is generally available to answer any knotty questions, and Ralph will be available for a handover and ongoing support. The new person can choose whether they wish to join the committee.

Applications/enquiries/offers to Dick at secretary@borderbushwalkingclub.com.au

From the President's Stump

Our New Members' Night was an enjoyable and successful event with at least ten prospective new members attending to find out what we do and how we do it. Thank you to those members who provided guidance and advice on the night. Feedback has been positive and I'm looking forward to catching up with some of our newest members soon.

As part of my presentation, I referred several times to Bushwalking Victoria's '**Bushwalking Manual**' available online at <https://bushwalkingmanual.org.au/>. Here's a little 'taster' of the sort of info you can find under 'Weather'. (I vividly recall a situation on a multi-day walk led by Pete when a massive electrical storm sent us high tailing to the sanctuary of Pretty Plain Hut!)



LIGHTNING

Being caught outdoors in a thunderstorm is a dangerous situation. Ten people die each year from lightning strikes in Australia, with a further 100 injured.

Proximity

The proximity of the thunderstorm can be estimated by counting the seconds between a lightning flash and the associated clap of thunder. The lightning flash is seen instantaneously, but the sound of the thunder travels 1 km in 3 seconds. An indication of the high level of risk from lightning is that outdoor sporting events are cancelled if lightning occurs within 10km. That is, when the time between a lightning flash and the thunder is 30 seconds or less. When this occurs, the next lightning strike could be close by. If the flash of lightning and the clap of thunder are almost simultaneous, the thunderstorm is overhead; an extremely dangerous situation for anyone still out in the open.

Take precautions

- *Get off high ground if it is safe to do so.*
- *Stay low when descending to a less exposed location. A motor vehicle or building can be a good refuge.*
- *Keep well away from any high points: crags, rock outcrops, isolated trees, power lines.*
- *Ensure gear such as metal tent poles or skis are not sticking up in the air. Stop using metal walking poles. Consider leaving these items to collect later.*

Do NOT shelter:

- *Under a tree. Under any larger tree is very dangerous.*
- *Standing or sitting on tree roots.*
- *Under a rock overhang.*
- *At the entrance to a cave.*
- *Standing up in a cave.*
- *Adjacent to a body of water or near the water's edge. Salt water is particularly dangerous.*

The manual covers topics such as trip planning, on the trip, leadership, weather, clothing and equipment, food and water, emergencies, and environment, and is well worth visiting whether you are planning a simple day walk or something more strenuous like a multi-day hike.

I'm taking off for five weeks' hiking in Portugal, so next month's words of wisdom and enlightenment will come to you from our vice-president, Alwyn Friedersdorff. In the interim, make the most of the brilliant spring weather and avail yourself of some of the wonderful outdoor activities we have planned for you by checking them out at our website.

"Happy trails to you"

Ian

45th Anniversary Party



The Border Bushwalking Club was formed at a public meeting in June 1987, and its first walk to Mt Table Top (just north of Albury) on 18 June 1978 attracted over 100 participants! To celebrate our 45th birthday, we will again gather at Mt Table Top on **Saturday 7 October**, and we hope many present and former members will join us. The event will take place at Peregrines at Table Top, and we thank the owner, Mr Roger Paterson, for allowing us to use it.

There will be a choice of **two walks** in the morning: the Wildflower walk is about 5 km and graded easy, or the Wildflower walk with Sugar Loaf extension, which is about 7 km and graded hard from the junction with Wildflower. It has steep ups and downs but with spectacular views. You will need suitable footwear and gear if you are walking.

If you do not wish to walk, you are welcome to come after 11.30 am to relax, reminisce and catch up with friends old and new.

Please BYO food, drinks and chairs.

Travel directions

There will be **car pooling** from Albury, meeting at the Harvey Norman Centre car park, Borella Road, Albury at 8.15 am. Please park at the Borella Road end of the car park. **BOOKINGS ARE ESSENTIAL** for the walks and car pooling, please contact Sandy by email membership@borderbushwalkingclub.com.au and tell her if you are willing to take a car. There is an entry fee to enter the property and the Club will pay this for those who join the car pool. If you wish to travel independently, there is a charge of \$20 per vehicle to enter the property.

To reach Peregrines, follow the freeway north from Albury and take the Olympic Highway exit. Continue for 5.5 km and turn right into Rodgers Road (near the Paintball centre and immediately before the 'Five Mates' bridge across the railway) then immediately turn left into Paterson Road and follow signs to Peregrines. **Do not go via Kalawa Homestead.** There is a map at [peregrines location \(kalawa.com.au\)](http://peregrines.location(kalawa.com.au))

(Photos on this page were taken on the Wildflower walk in September)



Upcoming events

WHAT'S COMING UP IN THE NEXT SIX WEEKS?

For more details of the activity please click on **events** in our club website. You will also find the leader's phone number here. Please ring them to discuss the walk and to book in.

<http://borderbushwalkingclub.com.au/>

Don't forget events are added to the website frequently so check often or you may miss out.

Saturday 30 th Sep	Mt Beauty: Survey track and Pole track	Gr 2 Easy Medium
Sunday 1 st Oct	Yackandandah: Spring walk	Gr 2 Easy Medium
Saturday 7 th Oct	Table Top: 45th Anniversary Celebrations	
Saturday 14 th Oct	Falls Creek: Mt Nelse & Edmonson Hut	Gr 3 Medium
Saturday 14 th Oct	Warby-Ovens NP: Loggers Lane	Gr 3 Medium
Saturday 28 th Oct	Falls Creek: Pretty Valley circuit	Gr 3 Medium
Sunday 22 nd Oct	Albury: Spring on Nail Can Hill	Gr 3 Medium
Weekend 3 rd -5 th Nov	Falls Creek: The Fainters	Gr 3 Medium
Sunday 5 th Nov	Albury: Riverside exploration	Gr 3 Medium

YOU'LL NEED TO PLAN IN ADVANCE FOR THESE ONES:

18-19 Nov	Kosciuszko NP: Blue Waterholes	Gr 4 Medium Hard
2-3 Dec	Falls Creek: Ryders Yards Beginners camp	Gr 2 Easy Medium
9-10 Dec	Mt Hotham: Youngs Hut via Paling Spur	Gr 4 Medium Hard
15-17 Dec	Mt Buffalo: Lake Catani Camp, walk and paddle	Ungraded
12-14 Jan	Mt Hotham: JB Plain car camp	Ungraded
20-21 Jan	A weekend canoeing on the Mitta River	Ungraded
20-21 Jan	Falls Creek: Youngs Hut	Gr 3 Medium
28 Jan-2 Feb	Kosciusko NP: more huts and stuff	Gr 4 Medium Hard
24 Feb-2 Mar	Tasmania Overland Track. FULLY BOOKED	Gr 4 Medium Hard
18-22 Mar	Murramarang (Bateman's Bay).	Gr 3 Medium

Anniversary bonus

To mark the 45th Anniversary and celebrate our achievements over these years, we have produced an e-booklet *Memorable Trip Reports 1978–2023*. It tells the tales of some of our adventures in punchy prose, perfect poetry and dazzling photographs, and will answer all those questions you have. Who was the leader who valiantly saved honorary-member-dog from a watery grave on a walk, and how did h-m-dog repay the favour? Who drove over 300 km for a 30-minute walk? What is the Bog Monster and who was attacked by it? Which leader single-handedly slayed three magpies while driving to a walk? What are the rules when sleeping in the top bunk? And of course, which leader received the prestigious melon-baller award, and why? The link to download this magnificent publication will be sent out shortly, so check your in box for it.

Christmas Party

The Club's Christmas party will be held on Tuesday 5 December at Brown's Lagoon, Olive Street, South Albury. There will be a barbecue and this year's club Champion will be announced. More details to follow but keep the date free!

Absolutely last chance to renew your membership!

Memberships are now **VERY OVERDUE**. You have until the end of September to renew your membership for the **current year**. **The AGM voted that membership fees should not be increased for 2023–4. It is still just \$45 and \$35 (Concession) for single; \$80 and \$65(C) for a family of two.**

You will need to complete the online risk acknowledgement to renew your club membership. Go to www.borderbushwalkingclub.com.au and follow the prompts. If there are any issues with the form or payment going through, this will become apparent if/when you receive a reminder email to renew [this 'exception' process is less work for our membership officer than emailing to confirm every membership].

If you choose not to renew due to changed circumstances, you're welcome to participate as a visitor and pay \$5 per activity.

Free dehydrated food packs

We have been given a considerable quantity of home-cooked packaged dehydrated food left over from a long-distance walk that recently passed through Albury–Wodonga. There are complete meals and extras like fruit. They cannot be donated to charity because the labelling does not meet strict legal requirements. If you would like a few of these for your next overnight walk, please contact Dick at secretary@borderbushwalkingclub.com.au



Trip Report Nail Can Hill



Only one walk to report on this month, but it was so good there are two reports of it. We are so fortunate to have a special place like Nail Can Hill on our doorstep for walks in all seasons.

After a day of dismal weather on the Friday, Saturday September 9th was a very pleasant day to walk. The blurb said to choose your own adventure and they certainly did. Ira, Tim and Bernadette met at Jindera Gap and began to walk south, up and down, past the trig marking the high point of the walk to the gate above Centaur Rd.

Here Eileen joined us for more up and downs along the Ridge Track. We met the resident echidna who was not interested in joining us, so we moved on. As we neared Pemberton St Charles joined us. He had a sudden change of work plans so, with four committee members gathered, we agreed to his last-minute inclusion.

We headed to the Botanic Gardens for lunch and Lisa was able to join us for this part of the day. Two magpies also decided to get involved but it became clear that, after warbling away and still no donations of food, we were not the club for them.

Ira and Lisa waved us goodbye after lunch and we turned back. It was strange but the hills had grown. What had seemed flat or a gentle downhill had become a substantial uphill when going the other way.

We dropped Eileen off at her entry point and completed the walk, tired but happy walkers. For those who completed the walk both ways, it amounted to about 28kms and elevation gain of about 850m. For everyone it was a good Winter workout in a pleasant environment. Bernadette



How many went on the walk? (By the Club's befuddled record keeper)

There were three at the start on a cold winter's day
No messing about, they were soon on their way

Up past the trig point, down past the tip
At Centaur Road one more joined the trip

Near Hernia Hill they found an echidna
They said, 'Come and join us' but sadly he didn't

At Monument Hill there came one more
They knew it was him by the boots that he wore

A woman was waiting at the top end of Dean Steet
She came along too, but only to eat

At lunch in the Gardens, there came magpies, two
No food for them so away they flew

Suitably fed, all were soon on their way
Two left for home, not wanting to stay

At the end of the day, two had walked 28 k,
One did three-quarters, one more than halfway

But the weather was fine, and all had a good day
And that is the best thing I could possibly say.



News from here and there

Friends of Chiltern National Park

The Friends of Chiltern National Park are again running spring wildflower walks and everyone is welcome. Walks last for a couple of hours. Participants meet at 9 am at the park near the swimming pool on Main Street, Chiltern. Planned dates are:

Sunday 1st October: Donchi Hill
Wednesday 11 October: Tower Hill
Saturday 5 November: Mt Pilot

Track closed in Beechworth

Charles reports that while attempting to do a walk from Woolshed Falls to One Tree Hill at Beechworth he came across this obstacle. The Gorge Scenic Road is closed until further notice from the Powder Magazine to Pritchard Lane due to flood damage, and there is no pedestrian access across Spring Creek Bridge (photo). Never daunted, Charles reports that to make the walk worthwhile he walked the Cascade section three times, and it was a very good quad workout. Further information:

[Parks Victoria update on flooding impacts on parks within the Shire](#) | [Indigo Shire Council](#)



Tallangatta Tall Trestle Treadle: One day, three great rides

On Sunday 15th October, explore the Mountains to Murray Rail Trail on a supported ride. Entry fee of \$100 covers bus transfers, BBQ lunch, morning and afternoon teas. Bookings essential. Flyer and booking forms at end of this edition of *Footprints*.

Bushwalking Victoria Federation Weekend

Bookings are now open for **Federation Weekend**, 21–23 October, being held this year at Trentham in central Victoria. Don't miss this popular annual event that brings together members of our bushwalking community for a fun weekend of walks and social activities. This year provides an opportunity for participants to visit sections of the Wombat State Forest that have reopened after the devastation of the 2021 storms. The forest offers an extensive network of trails, varying in difficulty levels and length - from steep ascents to rocky descents. It promises a diverse range of terrains for us to explore and a variety of flora and fauna to discover. The program will include visits to Lyonville Springs, Garden of St Erth, Blackwood township and Mineral Springs, Lerderderg River, Nolan's Creek Picnic Ground, Balt Camp and Yankee Mine. More information and the booking link are available on the event [website](#).

Photo credits this issue:

Bernadette, Charles, Eileen, Ira, Lisa, Sandy

For Sale

LOWE Cholatse 35 litre day pack, adjustable back size, several pockets, optional dual compartments, hydration compatible, rain cover. Only used a few times. \$100.



Women's boots, Asolo, never worn outdoors, size 9 or thereabouts. \$250.



Contact Eileen at newsletter@borderbushwalkingclub.com.au phone 0412 042 195.

Car pooling policy

Traditionally, the Club has encouraged members to car pool for travel to the start of walks to reduce costs, encourage sociability and minimise our carbon footprint. Leaders of activities identify a meeting spot for members to meet and travel together from. Participants are expected to contribute to drivers' costs, with all participants paying the same amount and each driver receiving an equal amount. The leader is responsible for calculating, collecting and distributing 'petrol money' using a formula that takes into account distance travelled, number of participants, number of cars, and a cost factor. **Leaders please note:** the cost factor is currently **\$0.50**.

In response to requests, here is an example of how the policy works. **Participants** are all people undertaking the activity who wish to car pool, including leader, drivers and passengers. Those who do not wish to car pool should tell the leader when booking in. **Designated drivers** are the drivers of vehicle used in the car pool.

Leader uses Google Maps or prior knowledge to get accurate estimate of the distance to be travelled from agreed meeting place (e.g. Bunnings, Wodonga) to the start of the walk and doubles this for the round trip. This distance is **multiplied** by number of cars needed and current cost factor rate:

$$\text{Distance} \times \text{number of cars used} \times \text{cost factor}$$

The calculated number is then **divided** by the number of participants to give an amount in dollars and cents. Round to nearest dollar and collect this amount from each **participant**. Divide this amount equally between **drivers**.

Example:

Seven people book in for a walk at Falls Creek starting and finishing at Cope Hut car park. They meet at Bunnings in Wodonga. The distance to start of walk is 122 km, making it 244 km for round trip. Two cars are needed.

Distance x number of cars x cost factor: $244 \times 2 \times 0.50 = \244

Divide by number of participants (7) = \$34.86. Round up to \$35.00

Leader collects \$35.00 from each participant including drivers (\$245.00)

Two cars were used, leader gives \$122.50 to each driver.

We run a cash economy. To help leaders, participants should bring notes/coins in small denominations.

\$

Services included in your BBC membership include.

A range of gear is available from the club to hire at a very minimal rate

1. Back-packs
2. Hiking poles
3. Waterproof jackets
4. We even have a dehydrator if you want to prepare your own meals

Safety equipment is available free of charge for leaders of club activities

- First aid kits
- GPS
- PBLs

All of the above is stored and managed by **Adventure Gear, 479 Dean Street, Albury.**

Call in and have a chat to Gino and Wendy for all your equipment needs, whether it be hiring or buying at the special BBC club discounted rate.

Disclaimer *All statements and opinions expressed in articles published in 'Footprints' are those of the respective authors and do not necessarily represent the views of the Editor, the Committee or members of the Border Bushwalking Club*

Cut off date for input to the next issue of Footprints: 17 October 2023

Contributions to *Footprints* are always welcome and can be sent to newsletter@borderbushwalkingclub.com.au

TALLANGATTA TALL TRESTLE TREADLE

SUNDAY 15TH OCTOBER 2023
COST \$100



One day, three great rides!

Explore the magnificent forests and railway relics of the Upper Murray in a day of easy riding, including bus transfers from Tallangatta



What to expect

- Bus departs Tallangatta Goods Shed at 9am sharp.
- Ride Shelley to Koetong: 10 km easy downhill riding through magnificent native and pine forest.
- Ride Koetong via Darbyshire to Bullioh: 19 km gentle downhill with superb views of the historic trestle bridges.
- Ride Bullioh to Tallangatta: an easy 16 km.
- Included in cost: Bus transfer to Shelley Station, morning tea at Koetong station, BBQ lunch along the trail at Bullioh and afternoon tea at the Tallangatta Goods shed at the end of the ride.



What to bring

- A bike in good order with wide tyres. This ride is suitable for mountain & hybrid bikes only!
- A sense of adventure
- A bottle full of water
- A puncture repair kit or spare tube

BOOK NOW



tallangattatt@yahoo.com.au



www.highcountryrailtrail.org.au

www.parklands-alburywodonga.org.au



Further Info: Kerry Love 0431222334 - Louise Coulston 0428399113 - Rob Caddell 0417294234





Tallangatta Tall Trestle Treadle – Registration Form

Sunday 15th October 2023

NAME	
ADDRESS	
TOWN & PCODE	
TELEPHONE (mobile)	
EMAIL	
SPECIAL DIETARY NEEDS	

Payment Details (Tick Box)

Bulk Payment Details (Leaders Form Only)	Self Only Deposit (\$55) <input type="checkbox"/>	Bulk Payment Full Payment (\$100) <input type="checkbox"/>
	NAMES	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>

What you will get for your \$100 registration fee.

- Bus transport to the start of the ride at Shelley Station
- Sag wagon and limited mechanical support
- Morning, afternoon tea and BBQ lunch

How to pay:

Internet transfer to BSB: 803070; A/C 54629 include your surname on the transfer. Send your registration by email to tallangattatt@yahoo.com.au or post to PO Box 62, Tallangatta

OR

Send a cheque or Money Order made out to **Tallangatta Rail Trail Advisory Group** and registration form to PO. Box 62, Tallangatta, 3700

One form for each rider, please!!

A deposit of \$55 per rider is required by 30th September to secure your seat. Balance is payable on the day. Deposited amount forfeited if you cancel after 30th September 2023.

Bus departs **Tallangatta Goods Shed** 9am sharp and returns approx.. 5.00 pm. A full ride guide will be emailed to you to confirm registration.

Medical Details – Do you suffer from Asthma? Please indicate YES NO

Do you have any allergies in general to insect bites or food? YES NO

Please briefly describe _____

Ambulance Membership YES NO

Emergency contact details

Name of contact person.....

Phone contacts - Home Mobile.....

Disclaimer: the participant signed below) agrees that the High Country Rail Trail Steering Committee, Tallangatta Rail Trail Advisory group, Parklands Albury/Wodonga, Towong Shire, VicRoads, Parks Victoria, Hancock Victoria Plantations, Koetong – Shelley Development Association, their respective directors, staff, volunteers, will be neither liable nor legally responsible for:

1. Any injuries sustained by the participant.
2. Any loss or damage to property owned by, or in the possession of the participant.
3. Any acts or omissions, negligence or faults of any person associated with, participating in the management of the fun cycle.

Signature

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