

FOOTPRINTS

August 2018

Newsletter of the Border Bushwalking Club Inc. affiliated with Bushwalking Victoria



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COMMITTEE

President Vice President Treasurer Secretary Ian Trevaskis 0425 782 983 Ralph Rick Sue

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Activities Coordinator: Bernadette Committee Support: Sandy Newsletter Editor: Liz Meeting Suppers & Social Convener: Ira Equipment Officer: Chris Membership & Data Base Manager: Marie

Club Night 7:30pm Tuesday August 7th `Dealing with Emergencies'

Club member and former Police Search and Rescue member, Tanya Eade-Smith will discuss and explain what it is we need to know when dealing with emergencies that may arise when we are hiking the High Plains, cycling the rail trails or paddling on the river. This is a presentation not to be missed whether you are a Leader or a participant in one of our many activities.

What you learn may one day save a life!



Where? Senior Citizens, Meeting Room, Civic Centre Complex, Hovell Street, Wodonga.

Visitors are always welcome at meetings and supper is served afterwards. *Club Nights* are regularly held on the **first** Tuesday of the month (except December and January) at 7:30pm. The room is opened half an hour before the start so that members may socialise and a yummy supper is provided afterwards!

www.borderbushwalkingclub.com.au

CONTRIBUTIONS TO FOOTPRINTS.

Your contributions are keenly sought. If you have been on a club trip please send short, or indeed long, reports to the editor. **Photos** of outings are also greatly appreciated. **Please try to send photos as small files.**

Send to: newsletter@borderbushwalkingclub.com.au Deadline for next Footprints is Monday, 20th

FROM THE PRESIDENT'S STUMP

Recently the Committee met with the President, Colin MacDonald, and the Secretary, Mike Grant, of Bushwalking Victoria (BWV). This meeting came about because the committee has been considering the possibility of affiliating with NSW rather than Victoria. We also saw it as an opportunity to meet face-to-face with executive members of BWV and to raise some other issues that could impact on our members. Colin and Mike outlined the many activities BWV undertake, including advocacy efforts aimed to proactively influence decisions that impact on bushwalking and bushwalkers in Victoria, and by engaging with key decision makers and land managers such as Parks Victoria and the Department of Environment, Land, Water and Planning (DELWP) to ensure that bushwalking issues and opportunities are understood and considered when policies and decisions are made that impact on the bushwalking community in Victoria. BWV aims to...

- Engage in environmental advocacy with local and state government authorities
- Conduct Bush Search and Rescue (BSAR) operations at the request of Victoria Police
- Undertake conservation work utilising the skills of our Bushwalking Tracks and Conservation (BTAC) volunteers
- Develop and conduct training programs in bush skills, leadership and Search and Rescue
- Assist member bushwalking clubs by providing advice and resources such as the Bushwalkers Code and Risk Management documents
- Research and prepare reports on bushwalking and conservation issues
- Represent the interests of Victorian Bushwalkers to Local Government and Victorian State Government Authorities through reports, submissions, meetings and discussion with key agencies
- Provide information on our website to assist bushwalkers to enjoy the natural environment

As well as outlining the many benefits of remaining affiliated with BWV we had some useful and enlightening discussions with Colin and Mike with some positive outcomes achieved including planning for some future Leadership Training courses in Wangaratta for the benefit of regional clubs. Colin also indicated he would like to attend our AGM in May, 2019.

The Committee was appreciative of the fact that Colin and Mike drove up from Melbourne especially to meet with us (and drove back that night!) and agree with the sentiments expressed by Mike following the meeting that ... "The discussion has stimulated us to reflect on the value of the services BWV provides member clubs and most importantly the relationships that need to be developed and maintained for us all to succeed. We will also relay to the BWV Board the need for it to stay relevant and in touch with our clubs."

On another note, our most recent Club Night proved to be an enjoyable and relaxed occasion with members and visitors enjoying some delicious soup and nibbles while recounting the "adventures" of their hiking bowls and mugs. We heard about Fifi's white water rafting expedition in the Cowombat Flat Wilderness and how nasty furry creatures destroyed Ron Hammond's mug. There were tales of sangria parties held in the snow, ("*We skied back in an alcoholic haze*"); and a five hour degustation meal devoured at Young's Hut, including roast chicken cooked on an open fire. We were shown how to 'build a bowl' and a couple of 'Sierra Club' bowls bought in the USA over 40 years ago. Thank you to all those who shared their stories on the night.

Ian Trevaskis

TRIP REPORTS



Mt Warby

The Warby Ranges offer an alternative location to walk in winter. The Ovens/Warby Ranges National Park is crisscrossed with motor vehicle, mountain bike and well-maintained walking tracks so it gave us the opportunity to link some of these and enjoy the open bush which is scattered with grass trees and flowering plants. From the summit of Mt Warby there are views to Mt Buffalo and the Alpine region. Throughout the day we climbed about 450m, with most of this being first thing in the morning up the gorge that takes you past Salisbury Falls and then after lunch. By the time we got back to the cars we had clocked up just over 14km and hadn't got wet. Despite it being a cold, overcast winter's day, it's always good to be outdoors. Thanks to everyone one who came on the walk. As usual debriefing, refuelling and rehydration took place after the walk. Deb Kahn



BORDER SKIERS PLAY in the SNOW

Border Skiers made the most of some good snow cover recently with a snow shoe trip to Mount Buffalo and two groups cross country skiing over Heathy Spur and out to Tawongs Huts. The cross country skiers started out in magnificent 'blue bird' weather only to be hit by white out conditions in the afternoon.





Sublime to the ridiculous. In one day glorious sunshine, panoramic views and packed powder snow to whiteout conditions and wind chill of -5.7. Bogong High Plains strikes again! We all get our ski legs back quick smart and retreated to ski another day. Great company – we will get that long downhill run next time and that's a promise!

Sue Cardwell



Marg and I had a great ski to Tawonga Huts. Fresh groomed tracks to Pretty Valley, then lovely conditions to the Huts for lunch. On departure from the Huts, the incoming cloud beat us to the top of the hill. Maps and compass were brought into action in the complete white out to get us back to Pretty Valley. A passing snow groomer, who had aborted his planned grooming of Mackay loop due to inability to see the route, then led us down into Sun Valley, giving us a beautiful long run home on silky snow. *"Better than Wombats Ramble"*, squeaked Marg...

Helen Robinson

MORE SNOW PLAY...

Five Club Members: Ron, Deb, Tanya, Louise and Marijke had a terrific day on Mount Buffalo. We walked out to Dickson Falls on a good cover of hard packed snow, (minus one degree) following the creek to the Falls. The place looked a picture. After morning tea we backtracked and headed towards the Back Wall track, avoiding the bogs this time. Too many wet feet last time. We passed lots of frozen pools, some with ice thick enough to skate on. Lunch was amongst the Snow Gums and a few rocks to sit on with only our group around. We ended up on the Horn Road. The weather was perfect for a snow shoe trip - cold but no wind and the fog stayed high enough until 2.30 when down she came, so home we went.





And some more ...

Well seven of us ventured out on the Bogong High Plains – four heading off to Cope Hut and three off up over Heathy and ended up out Edmondson's Hut way. Foiled again by intermittent white out conditions which hampered our free skiing a bit but wonderful packed powder snow made for some silky running when we hit our straps. Wind chill hovered around -5 so that kept us well rugged up and moving. A sunny day would have made it magical but all in all a jolly good workout in great company. The usual morning and late afternoon teas with some home baked goodies was enjoyed at Windy Corner shelter. Tip when coming back from Watchbed Creek it is much quicker and more interesting to use Paul's Trail instead of the road. Just saying..... Sue Cardwell



Mt Jack Saturday 14th July

The -4c start was totally bearable because the sky was cloudless and a perfect shade of blue. The first 1km had Tania, Rosemary, Darryl and myself crunching through paddocks, wading through icy creeks and wrestling with gates that were frozen shut. The first few kilometres of the walk lull you into a false sense of security because once you get to Billy Hicks Track, the only way is up and up and up. In fact there is a lot of up; 1310m of ascent to be precise, before there is any sign of descending. As we headed towards the highest point of the walk, an unassuming Mt Jack, we had views to the High Plains and The Main Range in the far distance. After 6hrs of walking we returned to the car, slipped into something more comfortable and then headed to the Dederang Store for coffee and hot chips with vinegar and tomato sauce. The walk may have been a little longer than advertised but thanks to Tania, Darryl and Rosemary for only reminding me of that mistake a few times!!!! Deb Kahn







The Goldfields Track Weekend

The Goldfields or Great Dividing Track is a point-to-point 210km Track that takes bushwalkers through some of central Victoria's most historic towns and beautiful forests. This year Rosemary, Pam, Mick, Tania and myself walked parts of The Dry Diggings Track out from Castlemaine. Over the two days of walking we covered about 35kms, bringing our total to 60km of the 210km that the track runs for. The track is well marked and maintained and information boards about the gold mining history of specific sites and ruins gave us an insight into what would have been a hard, isolated life. It's always nice to walk in new, interesting areas. Deb Kahn





Blast from the Past

As part of our 40th anniversary celebrations, each month a report from the past will be featured. This report appeared in the July 2019 Footprints.

Young's Hut Working Bee

Fourteen Club Members, five overnighters and nine day walkers, i.e. porters, set off on a frosty, misty morning, heading towards Young's Hut. Unfortunately Trish's son, Tom didn't feel too well and returned to the vehicle.

It would have been a strange sight for onlookers to see people carrying a step ladder and various pieces of timber over the misty high plains. It took us two hours 20 minutes to reach the Hut carrying the gear, as it was a bit cool to stop for too long.

On reaching the Hut most of us had a quick brew and bite to eat, but Chris was up on the roof, removing roofing iron like a man possessed, and the day walkers kindly collected firewood for us. The task of removing the southern side of the roof iron, trimming forty centimeters from the ends so it rested flush on the battens, replacing one batten, replacing the iron, securing it with new roofing nails, and replacing the barge boards at each end of the Hut took the rest of the afternoon. Our old friend now has a secure roof to withstand the coming snow season. Of course the port and wine flowed freely that evening. Most importantly, many thanks to club members for participating in the maintenance of Young's Hut, particularly Chris for his expertise - it certainly made the job easy.

Ron Hammond



CALLING ALL BUSHWALKING WRITERS

Great Walks is Australia's only dedicated bushwalking magazine and covers hundreds of day walks. They have, however, only covered a small portion of day walks during the 11 years they've been around, which is why they are calling out to bushwalkers to tell them about their favourite day walks and get paid \$150 if their story is published. Check out the link below

http://www.greatwalks.com.au/news/write-a-story-for-great-walks-and-getpaid#485kDb0d4SzuP1Eb.99

NOTICES

Border Bushwalking Club Fees are now OVERDUE.

Club membership is valid to May 31st.

Refer to the BBC Website: <u>www.borderbushwalkingclub.com.au/registration</u> or pay by EFT.

Please note the new fee schedule:

Single member: \$45 or \$35 concession Family: \$80 or \$65 concession Each additional family member: \$10 Newsletter mailed in post: \$23 (emailed is free). Direct Bank Deposit Account Holder – **Hume Building Society Account Name – Border Bushwalking Club Inc. BSB 640 000** Account No 111104448 Description: your full name, or first 3 letters of first and last names, e.g. Joh

Description: your full name, or first 3 letters of first and last names, e.g. John Brown becomes johbro

*Concession refers to a Centrelink card. Seniors cards do not qualify for concession.

An overview of the cost of transport . Due to the increased price of petrol the calculation has moved from 30 cents per km to 35 cents per km.

The calculation will be 35 cents per kilometre per vehicle for total kilometres to and from the activity. This amount will be multiplied by the number of vehicles and divided by the number of people transported by the vehicles. A higher fee may need to be charged when it is necessary that 4WD access is required. If a person or persons choose to travel privately and not share transport with the group, then they will not be included in the calculation of transport costs. The fundamental principles are:

- Each person should pay the same amount, and
- The different costs incurred by each type of vehicle should be covered Some examples

Bunnings Wodonga to Mt Hotham, estimated kms is 146 km x 2 = 292kms return x .35 cents = \$102.00, per car divided by the number of persons in the car.

Bunnings Wodonga to Pretty Valley Dam, Falls Creek, estimated kms 128 kms x 2 = 256 kms return x .35 = \$89.60, per car divided by the number of persons in the car.

Bunnings Wodonga to Mt Buffalo, estimated kms is 117 kms x 2 = 234 kms return x .35 = \$81.90, per car divided by the number of persons in the car.

Calculation will vary based on the kms travelled. The committee thanks all participants who offer their cars as transport. We trust these calculations cover the high cost of transport.

Making connections @borderbushwalkingclub

Did you know the BBC now has an instagram account? Instagram is a photo-sharing application (google it, ask a teenager or David for a demo). We're hoping that by posting some photos of our activities, and tagging them with place-names/locations, we might be able to make some connections with other people who also walk where we do. So if you participate in a club activity and have some great photos send them to: webadmin@borderbushwalkingclub.com.au

WANT TO GO ON A WALK BUT NEED SOME GEAR?

The following Club gear is available for hire from Adventure Gear Albury, 479 Dean Street



- Tents
- Sleeping bags
- Back-packs
- Hiking poles
- Waterproof jackets
- We even have a dehydrator if you want to prepare your own meals (or dry your excess Summer produce)
- And lots more...

REMINDERS

Our November Club Night will include an opportunity to 'Buy, Sell or Swap' so start thinking about what gear you might like to clear out of cupboards and wardrobes. It is also the night we provide members with an opportunity to share half a dozen photos of memorable places they have been in the great outdoors as part of our "Oh, the Places I've Been!" theme. These can be from anywhere in the world and do not have to be from club activities. More information in future Footprints.

Photo credits this issue:

Deb Ian Ron Sue Helen Tania



EVER WONDER WHERE TO GO WALKING?

Bushwalking Victoria has this fabulous walk directory with detailed information on about 200 walks in Victoria.

Check it out by clicking on the link below. http://www.bushwalkingvictoria.org.au/walksdirectory



PHOTOS IN FOOTPRINTS

Often on walks there will be photos taken of participants. If you <u>DO NOT</u> wish your photograph to be taken, it is <u>YOUR</u> responsibility to inform fellow walkers.

WILDERNESS FIRST AID COURSE

Members may be interested in this course being run in Wodonga in September as a means of improving their knowledge and skills in wilderness and remote area first aid for those unexpected situations they may find themselves in when medical assistance is not readily available. COURSE OUTLINE

Course - 5 day Wilderness First Aid (50hr)Date(s) - 3-7 September 2018Venue – Wodonga Institute of TAFEVenue contact - Andrew Davis - 0429 818 581

Address – 87 McKoy Street, West Wodonga, VIC. 3690 Building B - Room 001

Web: https://www.wodongatafe.edu.au

Course contact - Sharon Ritchie - 0429 182 222 Materials - ALL co

Materials - ALL course materials will be distributed Day 1

Tuition - \$645.00 per participant

Meals - Self catered - small kitchenette and limited cold storage facilities available

Times - ALL students are required to enrol at 7.45am Day 1 of the course.

Timetable - 8am to 5pm each day (except Day 1)

PLEASE NOTE - This course involves a **Night Scenario** on night 3 (Wed 5/9/18) that starts 7.30pm and finishes approx 10.30pm.

YHA BUSHWALKING CLUB MELBOURNE and BBC INTRACLUB WEEKEND 28/29/30 SEPTEMBER 2018

Please save the dates as our intraclub weekend is shaping up to be a great weekend of walking. YHA will be bringing 15 members up to spend 3 days walking in the Upper Murray region. Each day we will host a different walk for our visitors. All walk details are on the Activities Calendar below, as is the Friday night dinner which will be held at the Kinross Woolshed. I'm hoping that BBC will be well represented with members on each of these walks and at the dinner and I would encourage members to make bookings as soon as possible.

Bookings can be made by contacting Deb Kahn: 0410047884 before 8pm

Please support this event, whether you sign up for one walk or the whole three, or just rock up for dinner. This could be the forerunner to similar events in the future!

ACTIVITIES PROGRAM

LEADERS reserve the right to change the activity route on the day depending on prevailing conditions and altered circumstances. A walk leader can refuse permission for any person to take part in his/her activity. A list of trip participants must be prepared and the non-member fee (currently \$5) should be collected before the start of the trip. This is a requirement of our insurance policy. Without this list participants may not be covered by insurance.

EMERGENCY CONTACT PERSONS (ECPS): Leaders must leave trip details, including a list of participants and their contact numbers with a family member, or if none available, with an ECP. In the event of a delay, the ECP will contact families and decide on the next course of action.

<u>PARTICIPANTS</u> (members and visitors) must check with the leader that their fitness and experience suit the walk. Follow the leader's instructions at all times. Pay own ambulance costs – insurance is recommended (but accidents are rare).

BOOKINGS: If you intend participating in any of the activities listed below **you are required to personally speak** to the Leader **no later** than the **Wednesday** prior to a **day** activity or **7 days** prior to an **overnight** activity or unless otherwise indicated. SMS bookings are not appropriate. Please be aware that leaders have the right to decide the size of the group they will accept for their activities. Activities may become fully subscribed before the general cut-off date. By contacting the leader early you may avoid missing out.

FIRST AID KITS: are to be taken by leaders on each walk.

GRADING

Grade 1

(Easy) Opportunity for large number of participates, including those with reduced ability to walk/cycle on wellmarked and even formed tracks. Formed tracks may have a few steps. Should not be steep. Suitable for beginners. Distance should not exceed about 10km.

Grade 2

(Easy-Medium) Easy activity, mostly on tracks of low gradient. Opportunity to walk/cycle easily in natural environments on well-marked tracks. Tracks should not be steep. Distance should not exceed about 15km. Grade 3

(**Medium**) Medium activity with some hilly sections and/or rougher terrain. Opportunity to walk/cycle on defined and distinct tracks with some steep sections requiring a moderate level of fitness. Suitable for fit beginners. Distance should not exceed about 20km.

Grade 4

(Medium-Hard) Steeper, rougher terrain and may have off-track sections (no more than one quarter of the walk) or a longer distance track walk. Opportunity to explore and discover relatively undisturbed natural environments mostly along defined and distinct tracks. Tracks can be steep. There may be short sections of rock scrambling involved. Leaders should have map reading abilities and/or ability to use a compass. Distance depending on circumstances. Not suitable for most beginners.

Grade 5

(Hard) Off-track or difficult terrain. Opportunity for walkers with advanced outdoor knowledge and skills to find their own way along often indistinct tracks or off track in remote locations. May include steep sections of unmodified surfaces. There may be rock scrambling, creek walking and crossing involved. Distance should not exceed 30km, but may be short and difficult. Not suitable for beginners.

Grade 6

(Very Hard) Strenuous off-track walk or very long distance. Opportunity for highly experienced walkers to exploratory remote and challenging natural areas without reliance on managed tracks. Terrain may be steep, uneven and no track. There may be rock scrambling, creek walking and crossing involved. Distance covered is unlimited, but may be short and difficult. Only for experienced walkers and not suitable for beginners. **Exploratory** Is unknown to leader and while every effort has been made to grade the activity appropriately, there may be some unexpected aspects which may increase the difficulty of the walk.

ACTIVITIES CALENDAR

Saturday, July 28th

Mt Murramurrangbong Leader: Eileen Clark Phone: 0412042195 Bookings by: Wednesday, July 25th

Mt Murra towers over the Kiewa Valley Highway between Kiewa and Kergunyah. I've often looked at it but never walked it, so this walk will be somewhat exploratory, guided by a trip report from the Warby Walkers: http://warbybushwalkers.org.au/2017/06/21/mt-murramurrangbong-june-18/

We will start/finish at the Kergunyah end and there is quite a bit of climbing involved, all on track and leading to splendid views, about 15 km in total.

Saturday, August 4th

Grade 3

Mt Samaria Leader: Deb Kahn Phone: 0410047884 before 8pm **Co-leader: Mick Sheedy** 0437101009

Bookings by: Wednesday, August 1st

Mount Samaria State Park is between Benalla and Mansfield and has great views from a variety of locations. This walk of approx. 16km will visit Mt Samaria summit with its 360 degree views to the Alps and lowlands, Wild Dog Falls from where you can see Lake Nilhacootie and the Strathbogies and Spring Creek Sawmill ruins and kilns. The walk criss-crosses the park and is on a variety of walking tracks with a few short sections on a dirt road.

Flaggy Creek Gorge, Mt Lawson SP Leader: Paul Schirmer Phone: 0412 404 770 Bookings by: Thursday, July 26th

Flaggy Creek Gorge Walking Track starts near the Kurrajongs picnic area on the Murray River Road about an hour east of Albury/Wodonga. This is a strenuous 14 km, 7 hour return walk with a number of testing climbs that can be slippery in places. As there is no water along the track be sure to carry adequate drinking water. The first section to Valley View is a climb through granite boulders for 1.5km. This section of the track is demanding with very few flat areas. On reaching Valley View, there are views in both directions along the Murray River and over the northern end of the park. Caution is needed here as there are unguarded cliff edges but it is a good place for a break.

From Valley View the track follows the ridge line for about a kilometre before descending onto a small saddle where Lyre birds have sometimes been heard. Beyond this the views open up as the track contours the side of Mount Porcupine for 1.5 km before descending onto a very pronounced saddle, the creek can be heard roaring below in the gorge. From here the track climbs fairly steeply for over a kilometre to The Oaks. After more ups and downs and after about 1.5 km the track finally reaches the wall of the gorge with views of the waterfalls and cascades below. Eventually the track leads down to the water, where a number of small pools and waterfalls can be found. This is a great place to cool off, hop around the rocks, and enjoy our lunch before heading back.

Grade 3

Sunday, August 12th

Grade 4

Three day weekend of skiing – downhill or cross country (classical or skating), snow shoeing or walking in the snow. As easy or as hard as you please. Staying at YMCA Howman's Gap Alpine Centre just near the entry gate to Falls Creek. Cost \$175 for 2 night's accommodation in bunk rooms & 6 meals.

\$50 deposit to secure booking. (11 members already booked)

BYO bed linen/sleeping bag, towel, wine & nibbles for pre-dinner.

Choice of travel departures Friday morning or evening depending on drivers.

PLEASE NOTE THERE ARE STILL A FEW VACANCIES! CONTACT SUE ASAP IF INTERESTED.

The Rock

Leader: Eileen Clark Phone: 0412042195

Bookings by: Wednesday, August 15th

Standing tall about one hour's drive north of Albury, The Rock is the Riverina's Uluru. The walk is not long, about 7 km in total, but the walking track to the top is steep in places, so we will not rush and will have time to rest. The 360 view from the top is spectacular. There is an excellent picnic area at the start of the walk, so I suggest we walk in the morning and then have a leisurely lunch, with a BBQ for those who wish.

Tawonga Gap Ridge Track – north	Saturday, August 25 th	Grade 3		
Leader: Eileen Clark				
Phone: 0412042195				
Bookings by: Wednesday, Augusts 22 nd				
This walk starts at the Tawonga Gap car park and we head north along the ridge to its junction with the				
German Creek Track, which we follow until it reaches the Bright road. The track is up and down, steep in				
places, and walking poles are recommended if you use them. There is a very small creek crossing right near				
the end and a short car shuffle. We should also get some views. The walk is about 14 km in all.				

Mount Stanley	Sunday, September 2 nd	Grade 4
Leader: Bernadette Cromarty		
Phone: 0419241687		
Bookings by: Wednesday, August 29 th		

This is a great walk for keeping fit in Winter. It is about 18km of ups and downs. Most of the walk is on 4WD drive track but the last part is up and involves a short section of bush bashing. Don't be turned off, we won't be in a hurry and it's close to Beechworth so it's not too far to drive for most of us. Please phone to talk to me unless I have walked with you a number of times. Don't phone before August 25th. Yes, I know it is now on in Spring but my attempt to do this in Winter was foiled by Winter weather!

Tawonga Gap Ridge Track south	Saturday, September 8 th	Grade 3
Leader: Eileen Clark		
Phone: 0412042195		
Bookings by: Wednesday, September 5 th		
Starting from opposite the lookout at Tawong	ga Gap, this walk is all on 4WD tracks alor	ng the ridge. We head
south towards Mt Beauty and might get exce	llent views of snow-covered peaks. There	e are lots of ups and
downs on this walk and walking poles are rec	commended if you use them. Return by th	e same route about 1/

downs on this walk and walking poles are recommended if you use them. Return by the same route, about 14 km in all.

Grade 3

Saturday, August 18th

Friday, September 28th YHA Melbourne & BBC Intra Club Walk – Dinner Leader: Deb Kahn Phone: 0410047884 before 8pm Bookings by: Friday, September 21st

Join us for dinner on Friday night at Kinross Woolshed, Albury. It will be a great way to end a good day's walking and talk about the walks coming up for Saturday and Sunday or the AFL Grand Final.

YHA Melbourne & BBC Intra Club Walk	Friday, September 28 th	Grade 4
Pine Mountain and Rocky Knob		
Leader: Deb Kahn		
Phone: 0410047884 before 8pm		
Bookings by: Wednesday, September 26 th		
Pine Mountain is a gigantic rock monolith rep over imposing rock outcrops is rated as strent Murray River valleys.	,	•

YHA Melbourne & BBC Intra Club Walk	Saturday, September 29 th	Grade 3
Flaggy Creek Gorge Walking Track		
Leader: Deb Kahn		
Phone: 0410047884 before 8pm		

Bookings by: Wednesday, September 26th

This is a rugged 14km (7 hour) return walk that provides access to the waterfalls and rock pools within Flaggy Creek George. Panoramic views over the Murray River are available from Valley View after 1.5km. Section 1: Kurrajongs to Valley View (1.5km) – is a continuous climb through granite boulders. This section is a demanding climb with very few flat areas. On reaching Valley View there are views in both directions along the Murray River. Caution is required on this section as there are unguarded cliff edges.

Sunday, September 30th YHA Melbourne & BBC Intra Club Walk Grade 3 Mt. Granya Walking Track Leader: Deb Kahn Phone: 0410047884 before 8pm Bookings by: Wednesday, Sept. 26th This walk through open forest links Cotton Tree Creek with Mt Granya Summit via Granya Falls.

STAY SAFE IN THE ALPINE NATIONAL PARK THIS WINTER

Victoria Police, State Emergency Service (SES) and Parks Victoria are reminding visitors to the Alpine National Park to remain aware of the hazards and be adequately prepared for remote backcountry activities this winter. Visitors need to be prepared and experienced for these hazards and let someone know where they are going and when they plan to return:

- Check the weather and conditions before you head out.
- Ensure your intended activity is within your fitness and abilities.
- Let a friend or family member, and/or appropriate rangers, know where you'll be.
- Take a mobile or satellite phone, however, be aware some areas within the Alpine region are out of mobile phone range.
- Don't deviate from pre-arranged plans.
- Ensure you have the appropriate equipment and attire.

Those engaging in remote backcountry activities need to be mindful of the risks and hazards in the area. Backcountry skiing is an activity that requires experience and knowledge of the terrain and conditions.

COMING UP...

For more details about these activities refer to the Club's website

Bike by the Lake 46kms return October 6th

- Falls Creek Hidden Waterfall October 13th
 - Pub to Pub by Bike October 20th
- Myrtleford to Bright by Bike 62kms return October 27th



- Falls Creek Youngs Hut day walk November 3rd
 - Young's Hut Overnight November 3rd and 4th
- Ryder's Yards Overnight 14kms November 17th and 18th
- Bluff Hut/Ritchies Hut overnight car camp November 23rd – 25th
 - The Three Tracks pre Christmas walk. December 22nd

Disclaimer All statements and opinions expressed in articles published in 'Footprints' are those of the respective authors and do not necessarily represent the views of the Editor, the Committee or members of the Border Bushwalking Club.